



Amul

		5.45am	7.30am	10.00am	11.00am	12.00pm	1.00pm	2.00pm	3.00pm	4.00pm	5.00pm	6.00pm	7.00pm	8.00pm	9.00pm
Monday	1 st	CLOSED	CLOSED	PUBLIC	PUBLIC	PUBLIC	PUBLIC	PUBLIC	PUBLIC	PUBLIC	CLOSED		•		
Tuesday	2 nd	Mallow Swans	PUBLIC	LESSONS 1	LESSONS 1	PUBLIC	PUBLIC	PUBLIC	PUBLIC	LESSONS 3	Mallow	Swans	PUBLIC	Mallow Tri	Masters
Wednesday	3 rd	Mallow Swans	PUBLIC	LESSONS 2	LESSONS 2	PUBLIC	PUBLIC	PUBLIC	PUBLIC	Mallow Swans	LESSONS 3	PUBLIC	PUBLIC	Mallow Tri	Masters
Thursday	4 th	Mallow Swans	PUBLIC	LESSONS 3	LESSONS 3	PUBLIC	PUBLIC	PUBLIC	PUBLIC	PUBLIC	Mallow	Swans	PUBLIC	PUBLIC	CLOSED
Friday	5 th	Masters	PUBLIC	LESSONS 4	LESSONS 4	PUBLIC	PUBLIC	PUBLIC	PUBLIC	Mallow	Swans	LESSONS 3	PUBLIC	Mallow Tri	CLOSED
Saturday	6 th	Mallow	Swans	Swimming	Club	LESSONS 1	LESSONS 1	PUBLIC	PUBLIC	PUBLIC	Swans	Swimming	Club	CLOSED	
Sunday	7 th	Mallow	Swans	Swimming	Club	LESSONS 2	LESSONS 2	PUBLIC	PUBLIC	PUBLIC	Swim	Irel;and			
Monday	8 th	Mallow Swans	PUBLIC	PUBLIC	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	Child	Fitness	Marlins	PUBLIC	Mallow Swans	Masters
Tuesday	9 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	PUBLIC	LESSONS 4	Mallow	Swans	PUBLIC	Couch2Swim	Mallow Tri
Wednesday	10 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	Mallow Swans	LESSONS 4	PUBLIC	PUBLIC	Mallow Tri	Masters
Thursday	11 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	Child Fitness	Mallow	Swans	PUBLIC	PUBLIC	CLOSED
Friday	12 th	Masters	PUBLIC	SCHOOL	SCHOOL	SCHOOL	PUBLIC	SCHOOL	PUBLIC	Mallow	Swans	LESSONS 4	PUBLIC	Mallow Tri	C L OS E D
Saturday	13 th	Mallow	Swans	Swimming	Club	LESSONS 2	LESSONS 2	PUBLIC	PUBLIC	PUBLIC	Swans	Swimming	Club	CLOSED	
Sunday	14 th	Mallow	Swans	Swimming	Club	LESSONS 3	LESSONS 3	PUBLIC	PUBLIC	PUBLIC	CLOSED				
Monday	15 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	Child	Fitness	Marlins	PUBLIC	Mallow Swans	Masters
Tuesday	16 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	LESSONS 5	Mallow	Swans	PUBLIC	Couch2Swim	Mallow Tri
Wednesday	17 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	Mallow Swans	LESSONS 5	PUBLIC	PUBLIC	Mallow Tri	Masters
Thursday	18 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	Child Fitness	Mallow	Swans	PUBLIC	PUBLIC	C L OS E D
Friday	19 th	Masters	PUBLIC	SCHOOL	SCHOOL	SCHOOL	PUBLIC	SCHOOL	PUBLIC	Mallow	Swans	LESSONS 5	PUBLIC	Mallow Tri	CLOSED
Saturday	20 th	Mallow	Swans	Swimming	Club	LESSONS 3	LESSONS 3	PUBLIC	PUBLIC	PUBLIC	Swans	Swimming	Club	CLOSED	
Sunday	21 st	Mallow	Swans	Swimming	Club	LESSONS 4	LESSONS 4	PUBLIC	PUBLIC	PUBLIC	CLOSED				
Monday	22 nd	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	Child	Fitness	Marlins	PUBLIC	Mallow Swans	Masters
Tuesday	23 rd	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	LESSONS 1	Mallow	Swans	PUBLIC	Couch2Swim	Mallow Tri
Wednesday	24 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	Mallow Swans	LESSONS 1	PUBLIC	PUBLIC	Mallow Tri	Masters
Thursday	25 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	PUBLIC	SCHOOL	SCHOOL	PUBLIC	PUBLIC	Mallow	Swans	PUBLIC	PUBLIC	CLOSED
Friday	26 th	Masters	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	Mallow	Swans	Swim	Gala	4pm – 9pm	CLOSED
Saturday	27 th		Mallow		Invitation		Gala		7.30am	-	6pm	CLOSED			
Sunday	28 th	Mallow	Swans	Swimming	Club	LESSONS 5	LESSONS 5	PUBLIC	PUBLIC	PUBLIC	CLOSED				
Monday	29 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	Child	Fitness	Marlins	PUBLIC	Mallow Swans	Masters
Tuesday	30 th	Mallow Swans	PUBLIC	SCHOOL	SCHOOL	SCHOOL	SCHOOL	PUBLIC	PUBLIC	LESSONS	Mallow	Swans	PUBLIC	Couch2Swim	Mallow Tri



